

School Health Advisory Meeting

May 15, 2023, 4:00p.m.
DISD Board Room

Meeting Minutes

Attendance:

Jerri Bone, Mike DeHaven, Mel Erwin, Dr. Jeannine Hatt, Debbie Hosford, Lauren Hossle, Jacquine Melancon, Regina Prigge, Rachael Weger.

Welcome and Introductions

Jerri Bone welcomed members. She reminded the committee that a recording of the meeting will be posted on the DISD website

Finalization of P-K Toileting Procedure-Regina Prigge/Rachael Weger

The committee elected to recommend the 2023-2024 procedures for students who are not completely toilet-trained before entering school. No changes occurred from the original draft document, after consideration from the committee, principals, and school staff.

School Health Summary/Plans for Next Year – Rachael Weger

Nurse Weger provided a handout with the month-by-month COVID case date for the school year (see attached). Reported cases for 2022-23 totaled three hundred twenty-eight cases. Dr. Hatt asked about the protocol for sending students home who are symptomatic. Students must go home if three COVID symptoms are present or they have a fever.

The COVID policy for the 2023-24 school year has not been set. Currently, students who test positive must stay home for five days. The district is no longer using testing kits for COVID testing.

Connectivity issues attributed to lower numbers recorded for the use of Telehealth services; however, two of Denison ISD nurses were in the top ten users for Telehealth in the region.

Services are free for students on Medicaid and cost \$45 for students who have private insurance. Nurse Weger reviewed the uses of the program. She reported that Telehealth doctors are conservative with their diagnoses.

The program, “One Pill Kills”, presented to students in grades 7-12, described fentanyl dangers. Plans include more community and student awareness of the serious dangers of this drug.

Two nurses attended the conference, “The Dangerous Truth about Today’s Marijuana: Johnny Stack’s Life and Death Story”. The speaker lost a child who experienced psychosis related to high-potency THC use. Nurse Weger provided the website, <https://johnnysambassadors.org>. She reported that the district is seeing increased anxiety in students using high-potency THC in vape pens and in chewable forms. Mr. DeHaven stated that approximately 25% of high school students are nicotine vaping. The school district had 106 felony referrals for THC vaping.

The nursing staff will focus on mental health issues and substance abuse issues for the 2023-24 school year.

Summer priorities include following the 88th legislative updates for bill tracking. One bill with special attention is SB 1072 relates to human sexuality. If this bill passes, school districts must have board-approved policies before any staff member can discuss anything related to human sexuality.

School Mental Health Programs – Jacquine Melancon (attached PowerPoint presentation)

A discussion included the number of students served by Communities in Schools (CIS) this school year; SMS – 100 students, DHS- 109 students. Jackie shared survey results noting 37% of students responded and 21% of teachers responded. With the exception of three, all reported they saw an improvement in student behavior because of CIS. The CIS program will be continued during the 2023-24 school year using ESSER funds.

The Rhithm Program, used at Pathways High School and one Journey class, costs \$10.00 per student. DISD currently has 60 licenses with plans to add the program in a class at SMS during the 2023-24 school year.

The District Mental Health Committee completed a SHAPE Survey. The results of the program showed strengths in Tier II and Tier III resources. One area of improvement included implementing Tier I screeners. For the 2023-24 school year, the district will review the use of a screener for grade 5. The committee recommended a transition for TeleBehavioral Health from Legacy to TCHAT. Jackie Melancon is not sure how TCHAT ties to the school district but will research further.

Regina Prigge reported that the 2023-24 entitlement for Title IV increased from \$82,000 in previous years to \$102,000.00 next year. The use of funds will be included as a SHAC agenda item next fall.

School Safety Update – Mike DeHaven

Denison ISD hired two School Resource Officers, one at B McDaniel Intermediate and one to float among the elementary schools.

A report on meeting state safety standards included the installation of window film scheduled for this week. Raptor communication resources roll out in the next few weeks, with implementation over the summer.

Twenty-nine vape and bully sensors are scheduled for installation at SMS this week. Ten additional vape sensors at DHS are scheduled for installation this summer. They are being installed in restrooms and locker rooms.

Active shooter bus training has been scheduled for this summer. All school maps will be uploaded to community command centers.

Plans include updated fire drills next year. They will have a hold in place instead of active evacuation because many shooters use fire alarms to evacuate buildings.

Denison is seeing increased Vape usage among students. The district has had 468 vape incidences, and 112 of those are THC. Denison is trending above neighboring districts in vape usage. Rita Noel compiled educational materials for distribution to schools next year. Discipline usage with Vapes is changing. Students are using vapes in the classroom in direct defiance with the teacher. There is no standard implementation of discipline related to THC usage. The district works with the district attorney to recommend drug treatment programs. Mr. DeHaven will work with campus administration to develop and communicate standard discipline policies. A THC Vaping incident is a Title 5 offense. In August, the Disciplinary Alternative Education Program, at Perrin Field, will open. Mike DeHaven reviewed the process for arrest. The district attorney then decides what charges apply to each offender.

Reports of sexual assault of children by guardians increased over the past few weeks. Jackie Melancon reported that new teachers complete required sexual assault training at the beginning of the first school year they are hired. Rita Noel is working closely with students on truancy issues.

Under Texas law, any threat against school districts is filed as a felony. Anyone who reposts a threat will also be charged with a felony.

Summer Food Service Program-Debbie Hosford

Denison Food Service will provide a dine-in-only summer feeding program, scheduled at Terrell Elementary and Scott Middle School, and will serve breakfast and lunch Monday through Friday. The schedule includes Terrell, May 19-June 30, and SMS, June 12-30, 2023.

The Department of Agriculture mandated a 30% decrease in sugar and sodium over a three-year period. Students appear to reject healthier foods with lower sugar and sodium.

Other Issues/Comments

A "Back to School Bash" event is scheduled with local dentists, optometrists, and nutritionists. Other activities will include decorating water bottles and additional health programs.

The Grayson County Health Fair will focus on immunizations. Denison ISD added a vaccine clinic at DHS. They also added a vaccine clinic for seniors needing to get into college. Many students going from 5th grade to 6th grade must receive vaccines. This year the district had to exclude over 300 students who had not received their vaccines.

Denison High School Athletics hosted athletic physicals last week. Nurse Weger is concerned that about 50% of high school students had symptoms of hypertension. Nurses send symptomatic students to the physician who counsels the students. Mel Erwin reported that more students are drinking energy drinks. She also noted that staff members carry around energy drinks, which could influence students.

The meeting adjourned at 5:20 P.M.



Pre-K 3 through 2nd Toileting Guidelines for Denison ISD

After research and review of other district's policies nationwide, thoughtful consideration of factors relating to the implementation of Early Educational Programs and utilizing our District's current toileting policy as it applies to our student population, Health Services and Early Education will institute the following Guidelines to be employed consequent to the start of the 2023-2024 school year.

These guidelines have been written with medical emergencies, communicable diseases, loss of instructional time, and how the handling of ill students will be managed in the clinic by nursing staff.

Administration Staff:

- Most medically and developmentally able children are fully toilet trained between the ages of two and three years of age. Therefore, those medically and developmentally able children entering the Pre-K 3 and Pre-K 4 programs within our school district should be able to toilet themselves with minimal supervision, including proper wiping.
- The campus clinic is not to be the designated area used for extra clothing storage, changing students or allowing them to "wait" for pick up/change of clothes related to non-illness related toileting accidents, spills, and food mishaps. The nursing staff must be able to utilize the clinic to manage the medical needs of students and provide nursing care.
 - Each campus should establish an alternative location for changing students that have non-illness/medical-related toileting accidents.
 - Campuses will need to designate an alternate restroom, other than the clinic's restroom, for visitors, staff members, and well students.
- For the health and well-being of all staff and students, campuses will only accept donations of new clothing and/or shoes. Exceptions may be made for very gently used items.
 - Pre-K 3 through Kindergarten: Parents/guardians have been asked to provide **one** extra set of clothing, including socks. Extra clothing is to be placed in a plastic zip lock bag labeled with the student's, name, grade, and teacher to be stored on campus, preferably in the student's cubby. If deemed necessary, a designated clothing storage area should be established in a centralized location easily accessible to all teaching staff.
 - 1st through 2nd Grade: **One full set** of extra clothing in a backpack.
- All staff members, including lead teachers and paraprofessionals, should assist students with learning how to use the restroom properly through verbal coaching (this includes taking clothing on/off, wiping, and handwashing).
- Nursing staff will be limited in their availability to assist with changing and toileting except for those students experiencing illness or with a documented medical condition, including physician orders that require nursing skill and knowledge.
- Failure on the part of the parent/guardian to follow guidelines, requests, or recommendations should result in a face-to-face conference with a campus administrator.
- Adjustments to the following guidelines may be made through a 504 Plan, Individual Health Plan (IHP), Behavior Intervention Plan (BIP), or Individual Education Plan (IEP).

Students That Are Toilet Trained

- *These guidelines may not apply to students who receive toileting personal care services through an IEP.*
- In the instance of one urinary accident, the student can most likely change in the designated class restroom.
- If no clothing is available for the student that requires changing, the teacher or available campus support staff should provide the student with clothing from the campus clothing supply (if available). If no clothing is available, campus support staff will contact the parent to bring clothing. Student will wait in an area that provides for privacy (to the extent practical), while waiting on clothing. The classroom teacher should contact the parent to remind them that a change of clothing should be provided from home and, if applicable, ask them to clean/return the clothing provided by the school.
- Diapers and/or pull-ups are not to be used due to a toileting accident unless there is a short-term documented health accommodation on file with the campus nurse, making the use of these products necessary.
- Student should be given a plastic bag to place their wet clothing in. Staff or student will place the plastic bag with wet clothing in the child's backpack and notify the parent to ensure that items are promptly removed at home.
- Staff assistance should be minimal and limited to verbal instruction. If necessary, the parent/guardian should be contacted for assistance with changing.
- Toilet trained students experiencing one soiling or two urinary accident(s) within a day should be sent to the campus nurse for an illness assessment and to change clothing. The parent/guardian may be contacted to pick up the student for a more thorough cleaning and the nurse may require the student to remain home if the incontinence is determined to be illness related.

Students That Are Not Toilet Trained (PRE-K ONLY)

- *These guidelines may not apply to students who receive toileting personal care services through an IEP.*
- *Non toilet trained students in grades higher than Pre-K will require a face to face conference with a campus administrator (and other applicable staff) to develop a personalized plan.*
- If the child is not fully toilet trained, a toilet training plan must be developed between parents and the classroom teacher to ensure that the child is on a plan of success. This plan must be consistent and reinforced at home and school.
- Soiled clothing changes will be done in the designated class restroom and in an area that offers privacy to the student.
- Staff will immediately assist a child by providing him/her with a change of clothing, wipes, and verbal support to talk them through the process of changing clothes.
- If a child needs additional assistance, two staff members are to be present while the student is being cleaned and changed. This additional staff assistance may only be provided when there is a signed toilet training plan on file.
- When diapering or assisting with clean-up, staff will wear gloves and will talk to the child during the process to help the student feel safe.
- Soiled clothing will be placed in a plastic bag and in the child's backpack. Staff will notify the parent to ensure that items are promptly removed at home.
- Staff and child must wash hands following all toileting activities.
- If a child needs further assistance, such as bathing, the parent may be called to assist the child.

Denison ISD Toilet Training Agreement

Potty training is an exciting time for you and your child. We are excited to help you in this important process. It is vital that we all work together to ensure that your child is on a plan of success. This plan must be consistent and reinforced at home and school.

STUDENT NAME: _____

TOILET TRAINING PROCEDURES FOR SCHOOL AND HOME

Materials:

- Data collection sheet
- Timer
- Child's Reinforcers
- Visuals

1. A) *Home:* Take your child to the restroom immediately upon awakening in the morning.
B) *School:* Take the child to the restroom immediately upon arriving at school.
2. Have the child sit on the toilet for 5 min.
3. If the child is successful, provide praise and reinforcement. Ensure the reinforcement is of high quality and only available for potty successes. If it is a food item, allow the child to consume it. If it is a toy or object, allow the child to engage with it for 2 minutes.
4. If the child does not go during the scheduled sit, ensure they sit for the entire duration. You can remind them, "When you go pee on the potty, you can get off!"
5. Record the results on the Data Collection Sheet. The data collection sheet should be sent home daily.
6. Have the child put on a clean pull-up/underwear, if necessary, and wash hands.
7. Ensure the scheduled sits are positive and encouraging.
8. During each scheduled sit, assist the child with learning how to use the restroom properly through verbal coaching (this includes taking clothing on/off, wiping, and handwashing).
9. Bring the child back to the potty in 2 hours and repeat the routine. Continue until bedtime or when the child leaves school.
10. We will potty train for a period of 3-4 weeks and then assess how the child is doing via phone-conference with parent.

Parents agree to:

- Provide at least two changes of clothes, including pants, underwear, and socks **daily**. Please also provide an extra pair of shoes. Soiled clothing will go in the child's backpack to be taken home.
- Dress your child in elastic waist clothing. No buttons, snaps, belts, or one-piece clothing. Your child should be able to easily pull up and down their own clothing.
- Begin potty training at home the weekend before we start the process at school.
- Consistently follow and reinforce toilet training plans outside of school hours.
- Provide pull-ups for nap time.
- Allow the child to be assisted with clean-up and changing by DISD staff.
- Attend a face-to-face conference if the student is unsuccessful with toilet training after a period of 8 weeks.

Parent Printed Name

Parent Signature

Date



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Parents/Legal Guardians:

- All medically and developmentally able students are expected to handle their own toileting (knowing when they need to use the restroom, asking or stating that need, handling clothing removal/replacement, and changing clothes if needed) and cleaning (wiping properly, washing hands) on their own or with verbal cues.
- Please send your student to school in clothes that are easy for them to pull up/down or take on/off for unaided or minimally aided restroom use.
- If necessary, please inform your child's classroom teacher of information that might be important to toileting success at school. Such as specific vocabulary used at home (potty, tinkle, pee, etc.), how often they tend to go, or any nonverbal cues used by your student to indicate their need to use the restroom.
- We request that students do not attend class wearing diapers or pull-ups, unless there are documented toileting accommodations in place, making the use of these products necessary.
- **Pre-K:** Due to the new environment, your student may experience some accidents during their first few weeks of school. However, if accidents continue or increase, or your student appears to be struggling with independent toileting, it will be necessary to work together on a plan for toileting success. Please notify staff if your child is not toilet trained, so appropriate accommodations can be discussed and implemented.
- The campus clinic will no longer be the designated area used for changing students with non-illness-related toileting accidents, spills, and/or food mishaps. The nursing staff must be able to utilize the clinic to manage the medical needs of students and provide nursing care.
- **Pre-K 3 through Kindergarten:** Provide **one** set of clothing that is easy for your student to put on and take off. Please place these in a zip lock storage bag with the student's name, grade, and teacher's name on the bag. This will be left at school.
- **1st through 2 Grade:** One full set of extra clothing to remain in the student's backpack for use if needed.
- We will have a very minimal amount of extra clothing on each campus other than those items provided by each individual student's parents/guardians. As a result of this change, it will be necessary for you, as the parent/guardian, to comply with the provision of the requested extra clothing for your student.
 - If your student utilizes their spare clothes due to an accident, spill, illness, or other need, your student's teacher will make you aware of the change so the clothing can be replaced as quickly as possible.
- You, as the parent or legal guardian, may be asked to come and assist with changing your student if necessary. Staff assistance will be minimal and limited to verbal instruction unless toileting accommodations are deemed necessary and are documented.
- You may be notified and expected to pick up your student for a more thorough cleaning should they have more than 2 urine or 1 bowel accident during the school day (does not apply to students with toileting accommodations). Once that has been completed, and if the nurse determines that the accident is non-illness related, your student may return to school.

COVID DATA 2022-2023			
MONTH	STUDENT TOTAL	STAFF TOTAL	OVERALL TOTAL
August	139	36	175
September	48	7	55
October	9	3	12
November	4	3	7
December	7	3	10
January	22	17	39
February	5	5	10
March	8	8	16
April	4	0	4
May	0	0	0
Overall Total:			328

COVID Policy: We have not yet discussed COVID policy for the 2023-2024 school year but I anticipate that there will be changes. We will continue to follow all requirements as set forth by state law (DSHS).

2022-2023 EOY Childrens Telehealth Consults		Note: Children’s Telehealth services 28 ISD’s across DFW. I am happy to report that 2 of our Denison ISD nurses are in the top 10 users for Telehealth for the 2022-2023 school year. This is a huge accomplishment. Jennifer Dawson at Lamar Elementary came in at #6 and Tiffany Kemp at Hyde Park Elementary came in at #10.
DHS	2	
SMS	8	
BMC	8	
Houston	8	
Mayes	2	
Terrell	2	
Hyde Park	36	
Lamar	52	
TOTAL	130	

Fentanyl Education: On April 6th, the One Pill Kills program was presented to all students in grades 7-12. The Grayson County DA, a US District Attorney Officer, and a Grayson County Narcotics Division officer provided the presentation. Additionally, Texoma Health Foundation (THF) has graciously offered to fund a video production geared at educating our community on the Fentanyl epidemic. The production will be rolled out through traditional and social media. On May 18th, several community stakeholders, including Denison ISD head nurse, Rachael Weger, will individually record PSA’s that will be released throughout the month of June.

THC Education: Rachael Weger and Christine Kirkbride traveled to OSU to watch a program entitled, The Dangerous Truth about Today’s Marijuana: Johnny Stack’s Life and Death Story, presented by Laura Stack. We were very impressed with this program and feel that our student’s would benefit from the presentation. A recommendation was made to Administration to bring Laura Stack to Denison ISD during the 2023-2024 school year. We will assess funding ability when we return in August and make a decision on booking this presenter. More information on this program can be found at: <https://johnnysambassadors.org/>

Summary: The physical health status in relation to acute illness has significantly improved during the 2022-2023 year. Mental health concerns and substance abuse has been a rising concern this school year with many EMS calls directly related to substance abuse. The focus of the 2023-2024 school year will be to close gaps in health policy/guideline updates and collaboratively work to address mental health and substance abuse concerns. Denison ISD nurses will share the mission of the Texas School Nurse Organization: To enhance whole student wellness and learning by strengthening school nursing practice, with a vision to increase student access to health.

Summer Priorities: Follow 88th Legislative updates for bill tracking (special attention from SHAC to SB 1072 re: human sexuality) and train unlicensed assistive personnel on bleeding control, medication administration, and diabetes care.




Communities in Schools



► **SMS - 100 students**
► counseling services - 6 served

► **DHS - 109 students**
► counseling services - 1 served

Communities in Schools

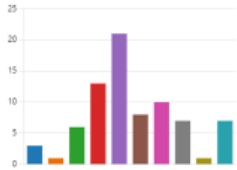


► **Student survey - 37%**

5. How would you rate your mental health before beginning to work with the CIS site coordinator?

More Details

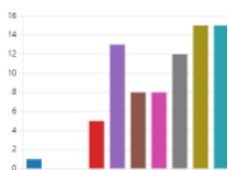
1 very poor	3
2	1
3	6
4	13
5 so-so	21
6	8
7	10
8	7
9	1
10 excellent	7



6. How would you rate your mental health at the end of the year with support of the CIS case manager support?

More Details

1 very poor	1
2	0
3	0
4	5
5 so-so	13
6	8
7	8
8	8
9	12
10 excellent	15



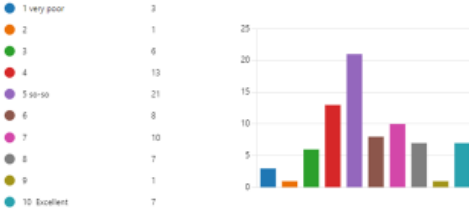
Communities in Schools



▶ Student survey - 37%

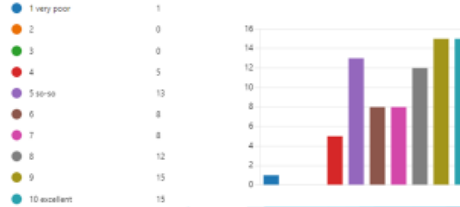
5. How would you rate your mental health before beginning to work with the CIS site coordinator?

[More Details](#)



6. How would you rate your mental health at the end of the year with support of the CIS case manager support?

[More Details](#)



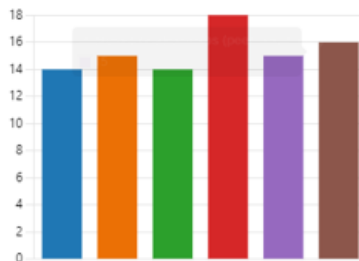
Communities in Schools



▶ Teacher survey -21%

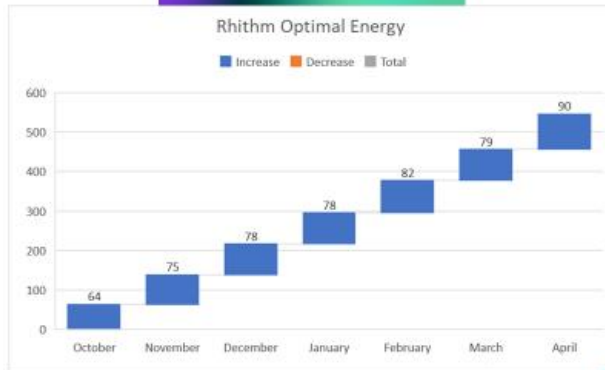
4. Students focus on three goals: attendance, behavior, and academics. What are the benefits you have observed in students who are supported by the CIS site coordinator? (check all that apply)

[More Details](#)



Denison ISD 22-23 Campus Data

ISD	Referral	Assessment	Virtual Visits	TCHAT VR Sessions	VV Students	CM Contacts	CM Students
Denison ISD	26	22	33		13	133	26
DENISON HIGH	12	9	14		5	71	12
HENRY SCOTT MIDDLE	11	11	15		7	47	11
MCDANIEL INT	3	2	4		1	15	3
Grand Total	26	22	33		13	133	26



Looking Forward 2023-2024

- ▶ All Elementary campus will continue with Quaver
- ▶ Rhithm will continue at Pathways
- ▶ Communities in Schools - SMS and DHS
- ▶ Tele-behavior health - BMC, SMS and DHS



TCHAT
Texas Child Health Access
Through Telemedicine



**School Health Assessment
and Performance Evaluation System**

- ▶ Comprehensive assessment
 - ▶ Teaming
 - ▶ Needs Assessment/ Resources mapping
 - ▶ Screening
 - ▶ Mental Health Promotion
 - ▶ Early Intervention and Treatment
 - ▶ Funding and Sustainability
 - ▶ Impact

- ▶ Comprehensive assessment
 - ▶ Teaming
 - ▶ Needs Assessment/ Resources mapping
 - ▶ Screening
 - ▶ Mental Health Promotion
 - ▶ Early Intervention and Treatment
 - ▶ Funding and Sustainability
 - ▶ Impact

District School Mental Health Committee

SHAPE Assessment

Strengths

- ▶ Community partners /resources
- ▶ Identify MH resources on each campus
- ▶ Adopted curriculum for social emotional development
- ▶ Tier 2/3 services and supports
- ▶ Provide and promote mental health services
- ▶ Limited evidence of documentation of impact and progress

Weaknesses

- ▶ Develop a team
- ▶ Limited access to resource list
- ▶ Need plan for screening student for mental health needs
- ▶ Need intentional use of Tier I supports and interventions
- ▶ Need monitoring system for student response and progress
- ▶ Need funding resources for Tier 2/3 interventions and supports with school system
- ▶ Need data collection for documenting improvement or impact

District School Mental Health Committee

- ▶ Established a District School Mental Health Committee
 - ▶ Committee to make recommendations to the SHAC
- ▶ MTSS training for behavioral intervention, supports and documentation
- ▶ 23-24 school review screeners for 5 grade
 - ▶ Better utilize tele behavior health services
- ▶ Curriculum Dept member added to DSCHC
 - ▶ Toni Nunn
- ▶ Establish SEL curriculum at all campuses
 - ▶ BMC and DHS
- ▶ Follow up with possible Transition Tele behavior Health Legacy to TCHAT
 - ▶ New portal

Funding Communities In Schools

- ▶ Funding available for the 2023-24
- ▶ Recommend maintaining funding for both site coordinators for 2024-25

